

BC Junior Development Championships
 Kamloops, BC
 July 30-August 1

FINAL TRACK SCHEDULE

Friday, July 30th

5:30 PM	3000m	13	Timed Finals
6:15 PM	400m	13-11	Timed Finals

Saturday, July 31st

8:30 AM	Coaches Meeting		
9:00 AM	800m	13-9	Finals
10:00 AM	60m	11-9	Heats
10:45 AM	80mH	13-12	Timed Finals
	60mH	11-9	Timed Finals
12:00 PM	200m	13-11	Heats
1:00 PM	LUNCH BREAK		
2:00 PM	60m	11-9	Finals
	60m	Track Rascals	Finals
2:20 PM	1500m RW	13	Timed Finals
	800m RW	12-9	Timed Finals
3:00 PM	200m	13-11	Finals
3:30 PM	4 x 100m Relay	13-9	Timed Finals

Sunday, August 1st

9:30 AM	1500m	13-9	Timed Finals
11:00 AM	100m	13-9	Heats
12:30 PM	LUNCH BREAK		
1:30 PM	200mH	13-12	Timed Finals
2:15 PM	100m	13-9	Finals
3:00 PM	Medley Relay	13-11	Timed Finals

Track events will proceed from oldest to youngest with girls first.

