



# 2010 BC Junior Development Championship

Hosted by the Kamloops Track and Field Club  
Sanctioned by BC Athletics

**Friday, Saturday & Sunday, July 30 – Aug 1, 2010**

**Location:**

Hillside Stadium, Thompson Rivers University, 910 McGill Rd., Kamloops, BC (See pg. 3 for driving directions).

**Facility:**

Track: 8 lanes, 400m oval, polyurethane surface, fully automatic timing. Complete jumps and throws areas. Change rooms available. Concession available.

**Meet Director:**

Jarett McLean: Ph: (250) 851-2512, e-mail: [mclean.jarett@gmail.com](mailto:mclean.jarett@gmail.com). Please contact Jarett regarding any questions about the meet.

**Meet Manager:**

Judy Armstrong: Ph: (250) 377-3378 e-mail: [j2armstrong@shaw.ca](mailto:j2armstrong@shaw.ca).

**Eligible Athletes:**

- Athletes born in 1997, 1998, 1999, 2000 or 2001
- All athletes must hold a 2010 BC Athletics Annual Athlete members or equivalent from another Prov/Terr, or National Athletics Federation.
- No "School Club" or "Day of Event" memberships will be accepted

**Entry Fees:**

\$7.00/event

\$8.00/relay regardless of method of submission. Relay entries will accepted up to 1 hr prior to the event.

**Late entries will be charged \$12.00/event (except relays).**

**Registration & Entries:**

**Entries Chairperson: Brian Beck**

All entries must be submitted to Brian by the following methods:

**Hy-Tek** – Please contact Brian at [wbrianbeck@shaw.ca](mailto:wbrianbeck@shaw.ca) regarding Hy-Tek entries.

(Team Manager Lite is free and available at: <http://hy-tek ltd.com/downloads.html>. Instructions for Team Manager Lite are at: <http://hy-tek ltd.com/updates/tftm%20lite.pdf>)

**E-mail** – [wbrianbeck@shaw.ca](mailto:wbrianbeck@shaw.ca)

**Fax** – (250) 377-2226

**Mail-In** – 2010BC Junior Development Championships, C/O Brian Beck  
842 McArthur Dr., Kamloops, BC, V2B 7L5

**\*\*ENTRY DEADLINE\*\*:** Friday, July 23, 2010. All entries must be received by this date to avoid late entry fees.

## **COMPETITION RULES AND OTHER INFORMATION**

### **REGISTRATION PACKAGES:**

Payment must be received before package is released. Payment can be made at the meet. Make all cheques payable to "Kamloops Track and Field Club".

### **COMPETITION CATEGORIES:**

9 yr. old (01), 10 yr. old (00), 11 yr. old (99), 12 yr. old (98), 13 yr. old (97)

### **AWARDS:**

Medals will be awarded to 1-3<sup>rd</sup> place for individual and relay events. Ribbons will be awarded to 4-8<sup>th</sup> place for individual events only.

### **MARSHALLING:**

Check-in for all field events is at the event site. Check-in for all track events is at the start line area. All athletes must check-in a minimum of 30 minutes prior to the scheduled start time.

### **COMPETITOR'S NUMBERS:**

Competition numbers must be worn on the back for laned track events, on the front for non-laned track events, and front or back for field events (at the discretion of the official).

### **IMPLEMENTS:**

All implements will be supplied by the meet organizers. Athletes may use their own implements and must meet BC Junior Development standards. They must be weighed-in and measured at least 45mins. prior to competition. The weigh-in station will be located at the throws building on the lower field throwing area.

### **SPIKE LENGTH:**

The maximum spike length allowed is 7mm for all events except high jump and javelin. Maximum 9mm for high jump and javelin.

### **ORDER OF EVENTS:**

All track events will be run oldest to youngest, females then males (exception hurdles).

### **ATHLETES WITH CONFLICTING EVENTS:**

Track events will go as scheduled. Athletes must notify the officials at all events which are in conflict. Athletes in field events will forego their attempt in a round if the round has been completed before they return.

### **TRACK EVENTS**

Track events with 8 or fewer competitors will be run as a final at the scheduled heat time. Heats will be consolidated where possible. Events may be run up to 30 minutes earlier than the scheduled time.

### **QUALIFYING FOR FINALS**

Field Events: All athletes will all receive three attempts (except high jump) as per BC Athletics JD policy.

Track Events: The winner of each heat plus the next fastest times needed to fill eight lanes will proceed to the final. In the case of a tie for the eighth position in a final event, the highest-placed athlete in the slowest heat of the tied athletes will proceed to the final. Not all events will have heats and finals. See schedule.

### **COMPETITIVE ATTIRE:**

All athletes are encouraged to wear their club uniform.

### **PROTESTS**

Protests must be submitted in writing to the Chief of Officials and the Jury of Appeal within 30 minutes of the posting of the results of the event concerned. A \$25.00 protest fee is to accompany all protests. If the protest is upheld then the protest fee will be returned.

### **JURY OF APPEAL:**

A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All decisions are final.

### **MEDICAL:**

St. John's Ambulance.

### **CONCESSION:**

There will be a concession available during the meet.

### **SCRATCHES**

Athletes failing to show and sign in before the completion of Round 1 of an event are an automatic scratch and are not permitted into any further rounds of that event. Athletes may miss a round if they have signed in.

## Meet Accommodations

### **TRU Residence and Conference Centre**

900 McGill Road  
Kamloops, BC V2C 6E1

1 and 2 Bedroom Suites - \$89.95  
4 Bedroom Suites - \$129.00

Rooms will be held until July 6<sup>th</sup>.

Phone: 1-877-225-8664

Call and ask for the Kamloops location. Once transferred to the front desk quote the 'Kamloops Track and Field Group'.

Other Accommodations:

<b>Holiday Inn Express</b> 1550 Versatile (250) 372-3474	<b>Ramada Inn</b> 555 West Columbia Street (250) 374-0358	<b>Best Western</b> 1250 Rogers Way 250-828-6660 1-800-665-6674
<b>Alpine Motel</b> 1393 Hugh Allen Dr. 250-374-0034 1-800-270-1260	<b>Accent Inns</b> 1325 W Columbia St. 250-374-8877 1-800-663-0298	<b>Maverick Motor Inn</b> 1250 W Trans Canada Hwy. 250-374-9666 1-800-668-6899
<b>Comfort Inn</b> 1810 Rogers Place 250-372-0987 1-800-556-3111	<b>Hampton Inn</b> 1245 Rogers Way 250-571-7897 1-866-571-7897	

## Driving Direction to Hillside Stadium:

Arriving from the west (Highway #5): Exit to the right at exit 368 and turn left onto Hillside Way (this will take you across the highway). When you reach the end of Hillside Way turn right onto Hillside Drive and follow this road onto the Thompson Rivers University campus. Hillside Stadium will be visible on your right when you reach the TRU campus.

Arriving from the east (Highway #1): Exit to the right at exit 370 and turn right onto Summit Drive. Follow Summit Dr. and turn left onto McGill Rd. Follow McGill until you reach Hillside Drive. Turn right at Hillside Drive onto the Thompson Rivers University campus. Hillside Stadium will be visible on your right when you turn onto the TRU campus.

# 2010 BC JD Champs

## Events Offered

Males & Females

	9 (01)	10 (00)	11 (99)	12 (98)	13 (97)
<b>60m</b>	X	X	X		
<b>100m</b>	X	X	X	X	X
<b>200m</b>			X	X	X
<b>400m</b>			X	X	X
<b>800m</b>	X	X	X	X	X
<b>1500m</b>	X	X	X	X	X
<b>3000m</b>				X	X
<b>800m Racewalk</b>	X	X	X	X	
<b>1500m Racewalk</b>					X
<b>60m Hurdles</b>	X	X	X		
<b>80m Hurdles</b>				X	X
<b>200m Hurdles</b>				X	X
<b>Long Jump</b>	X	X	X	X	X
<b>Triple Jump</b>			X	X	X
<b>High Jump*</b>	X	X	X	X	X
<b>Pole Vault</b>					X
<b>Shot Put</b>	X	X	X	X	X
<b>Discus</b>		X	X	X	X
<b>Javelin</b>		X	X	X	X
<b>Hammer</b>				X	X
<b>4 x 100m**</b>	X	X	X	X	X
<b>Medley Relay** 200m-200m-400m-800m</b>			X	X	X

### \*STARTING HEIGHTS FOR HIGH JUMP

Age	9	10	11	12	13
Girls	0.80m	0.90m	1.00m	1.05m	1.15m
Boys	0.85m	0.95m	1.05m	1.10m	1.20m

\*\*Clubs may form teams from various age groups but the team must run in the age category of its oldest member. Nine, ten and eleven year olds may not run up in medley relays.

# BC Junior Development Championships 2010

## Volunteer Officiating

It is a policy of Junior Development Championship Meets that each participating club provides help officiating at the meet. Indicate below 3 event areas at which your track and field club will be able to help officiate. Clubs that do not indicate a preference will be assigned events.

Club Name: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Approximate Number of officials/adults accompanying the club: \_\_\_\_\_

Approximate number of athletes participating in the meet: \_\_\_\_\_

Event #1: \_\_\_\_\_

Event #2: \_\_\_\_\_

Event #3: \_\_\_\_\_





2010 BC JD Champs

Club (or unattached individual): \_\_\_\_\_

Coach or Representative: \_\_\_\_\_

Ph: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Total # of Individual Events: \_\_\_\_\_ x \$7.00 = \$ \_\_\_\_\_

Total # of Relays: \_\_\_\_\_ x \$8.00 = \$ \_\_\_\_\_

Total: \$ \_\_\_\_\_

Make cheques payable to “Kamloops Track and Field Club”

Payment sent with registration: Y or N

Will pay at package pick-up: Y or N

- Fax to: (250) 377-2226; OR
- E-mail to: [wbrianbeck@shaw.ca](mailto:wbrianbeck@shaw.ca); OR
- Mail to: 2010 BC JD Champs  
C/O Brian Beck  
842 McArthur Dr.  
Kamloops, BC  
V2B 7L5

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