

Women 14-15 Shot Put 3 kg

Name	Year Team	Seed	Finals	Points
Finals				
1 Rasche, Teagan	Coquitlam		8.92m	
2 Kowallik, Saskia	Okanagan Athleti		7.69m	

Women 40-44 Shot Put

Name	Year Team	Seed	Finals	Points
1 Little, Tanya	Kamloops Track A		8.96m	

Women 45-49 Shot Put

Name	Year Team	Seed	Finals	Points
1 Boomer,Carolynn	Kamloops Track A		10.11m	

Women 20+ Shot Put 4 kg

Name	Year Team	Seed	Finals	Points
1 Little, Natasha	Kamloops Track A		9.60m	

Women 14-15 Discus Throw 1 kg

Name	Year Team	Seed	Finals	Points
1 Dosanjh, Prabhjit	Unattached		32.34m	
2 Rasche, Teagan	Coquitlam		25.67m	
3 Allen, Madison	Kamloops Track A		21.61m	

Women 40-44 Discus Throw

Name	Year Team	Seed	Finals	Points
1 Little, Tanya	Kamloops Track A		26.17m	

Women 20+ Discus Throw 1 kg

Name	Year Team	Seed	Finals	Points
1 Little, Natasha	Kamloops Track A		26.46m	

Women 14-15 Hammer Throw 3 kg

Name	Year Team	Seed	Finals	Points
1 Rasche, Teagan	Coquitlam		30.83m	
2 Allen, Madison	Kamloops Track A		15.46m	

Women 16-17 Hammer Throw 4 kg

Name	Year Team	Seed	Finals	Points
1 Thompson, Jessica	Kamloops Track A		27.97m	

Women 55-59 Hammer Throw

Name	Year Team	Seed	Finals	Points
1 Hunt, Laurel	Kamloops Track A		20.90m	

Women 65-69 Hammer Throw

Name	Year Team	Seed	Finals	Points
1 Matus, Diane	Kamloops Track A		17.61m	

Women 20+ Hammer Throw 4 kg

Name	Year Team	Seed	Finals	Points
------	-----------	------	--------	--------

1	Smith, Crystal	Kamloops Track A	65.28m
2	Larose, Annie	Saint-Jean Olymp	54.13m
3	Little, Natasha	Kamloops Track A	18.00m

Women 14-15 Javelin Throw 600g

Name	Year Team	Seed	Finals	Points
1	Rasche, Teagan	Coquitlam	31.66m	
2	Kowallik, Saskia	Okanagan Athleti	13.25m	

Women 65-69 Javelin Throw

Name	Year Team	Seed	Finals	Points
1	Matus, Diane	Kamloops Track A	11.21m	

Women 20+ Javelin Throw 600g

Name	Year Team	Seed	Finals	Points
1	Zelinka, Deanna	Kamloops Track A	49.93m	
2	Little, Natasha	Kamloops Track A	23.02m	
3	Rodhe, Megann	Kamloops Track A	20.57m	

Men 14-15 Shot Put 4 kg

Name	Year Team	Seed	Finals	Points
1	Stroda, Aaron	Okanagan Athleti	15.79m	
2	Shannon, Rayden	Kamloops Track A	10.55m	

Men 16-17 Shot Put 5 kg

Name	Year Team	Seed	Finals	Points
1	Behnake, Peter	Revelstoke	10.14m	
2	Mohr, Jesse	Kamloops Track A	7.89m	

Men 40-44 Shot Put

Name	Year Team	Seed	Finals	Points
1	Little, Norm	Kamloops Track A	9.09m	

Men 60-64 Shot Put

Name	Year Team	Seed	Finals	Points
1	McKay, Bob	Penticton	11.36m	

Men 75-79 Shot Put

Name	Year Team	Seed	Finals	Points
1	McDonald, Bruce	Penticton	5.29m	

Men 20+ Shot Put 7.26 kg

Name	Year Team	Seed	Finals	Points
1	Rodhe, Justin	Kamloops Track A	18.58m	
2	Russell-Ford, Zachary	London Western T	12.67m	
3	Jensen, Ryan	Kamloops Track A	10.08m	

Men 14-15 Discus Throw 1 kg

Name	Year Team	Seed	Finals	Points
1	Stroda, Aaron	Okanagan Athleti	59.05m	
2	Shannon, Rayden	Kamloops Track A	32.79m	

Men 16-17 Discus Throw 1.5 kg

Name	Year Team	Seed	Finals	Points
1	Behnake, Peter	Revelstoke	26.64m	
2	Mohr, Jesse	Kamloops Track A	24.13m	

Men 40-44 Discus Throw

Name	Year	Team	Seed	Finals	Points
1 Little, Norm		Kamloops Track A		22.05m	
Men 50-54 Discus Throw					
Name	Year	Team	Seed	Finals	Points
1 Dosansh, Pavitar		Unattached		38.91m	
Men 60-64 Discus Throw					
Name	Year	Team	Seed	Finals	Points
1 McKay, Bob		Penticton		33.30m	
Men 75-79 Discus Throw					
Name	Year	Team	Seed	Finals	Points
1 McDonald, Bruce		Penticton		16.77m	
Men 20+ Discus Throw 2 kg					
Name	Year	Team	Seed	Finals	Points
1 Rodhe, Justin		Kamloops Track A		48.31m	
2 Dosanjh, Gurinder		Unattached		44.28m	
3 Russell-Ford, Zachary		London Western T		43.53m	
Men 14-15 Hammer Throw 4 kg					
Name	Year	Team	Seed	Finals	Points
1 Shannon, Rayden		Kamloops Track A		34.93m	
Men 16-17 Hammer Throw 5 kg					
Name	Year	Team	Seed	Finals	Points
1 Behnake, Peter		Revelstoke		49.73m	
Men 40-44 Hammer Throw					
Name	Year	Team	Seed	Finals	Points
1 Little, Norm		Kamloops Track A		30.32m	
Men 75-79 Hammer Throw					
Name	Year	Team	Seed	Finals	Points
1 McDonald, Bruce		Penticton		16.02m	
Men 20+ Hammer Throw 7.26 kg					
Name	Year	Team	Seed	Finals	Points
1 Johnson, Kibwe		NYAC		78.10m	
2 Letterlough, Michael		Cayman Island		62.54m	
3 Jensen, Ryan		Kamloops Track A		57.55m	
Men 14-15 Javelin Throw 600g					
Name	Year	Team	Seed	Finals	Points
1 Shannon, Rayden		Kamloops Track A		42.52m	
2 Stroda, Aaron		Okanagan Athleti		40.60m	
Men 16-17 Javelin Throw 700g					
Name	Year	Team	Seed	Finals	Points
1 Mohr, Jesse		Kamloops Track A		39.98m	