

Women 55-59 Hammer Throw

Name	Year Team	Seed	Finals	Points
Finals				
1 Hunt, Laurel	Kamloops Track A		27.79m	

Women 20+ Hammer Throw 4 kg

Name	Year Team	Seed	Finals	Points
1 Frizell, Sultana	Kamloops Track A		69.37m	
2 Smith, Crystal	Kamloops Track A		66.92m	
3 Rodhe, Megann	Kamloops Track A		65.02m	
-- Larose, Annie	Saint-Jean Olymp		FOUL	