



KAMLOOPS TRACK AND FIELD

2012 Van Ryswyk Indoor Invitational Meet

**Hosted by the Kamloops Track and Field Club
Sanctioned by BC Athletics**

Friday, Saturday & Sunday, Feb. 17 - 19, 2012

Location:

Tournament Capital Centre, 910 McGill Rd., Kamloops, BC (See pg. 3 for driving directions).

Facility:

Track: 6 lanes - 200m oval, 8 lanes - 60m sprint, polyurethane surface, fully automatic timing. Complete jumps and shot put/weight throws areas. Change rooms available. Concession available at TCC

Meet Director:

Judy Armstrong: Ph: (250) 377-3378
e-mail: j2armstrong@shaw.ca

Meet Manager:

Cliff Weathermon: Ph: (250) 374-2667
e-mail: cweathermon@telus.net.

Eligible Athletes:

- 2012 BC Athletics Annual Athlete members or equivalent from another Prov/Terr, or National Athletics Federation.
- 2012 School Club Members – Elementary, middle or high school students whose schools hold a BC Athletics School Club Membership are eligible to compete.
- “Day of Event” School Club Members – Elementary, middle or high school students whose schools **do not** hold a BC Athletics School Club Membership can purchase “Day of Event” School Club Membership insurance for \$3.00

Entry Fees:

\$9.00/event if submitted electronically using Hy-Tek Team Manager

\$11.00/event if submitted by fax, e-mail (without Hy-Tek), or mail.

\$15.00 per triathlon regardless of method of submission

\$10.00 per relay regardless of method of submission. Relay entries will accepted up to 1 hour prior to the event.

Late entries will be charged \$15.00/event (except relays).

Registration & Entries:

Entries Chairperson: Brian Beck

All entries must be submitted to Brian by the following methods:

Hy-Tek – The Team Manager event file may be downloaded from the Kamloops Track and Field website at <http://kamloopstrack-andfield.ca>. (Team Manager Lite is free and available at: <http://hy-tek ltd.com/downloads.html>).

E-mail – wbrianbeck@shaw.ca

Fax – 250-434-4360

Mail-In – 2012 Van Ryswyk Indoor Invitational Meet, C/O Brian Beck
842 McArthur Dr., Kamloops, BC, V2B 7L5

****ENTRY DEADLINE**:** Monday, Feb. 13, 2012. All entries must be received by this date to avoid late entry fees.

COMPETITION RULES AND OTHER INFORMATION

REGISTRATION PACKAGES:

Payment must be received before package is released. Payment can be made at the meet. Make all cheques payable to "Kamloops Track and Field Club".

COMPETITION CATEGORIES - 2012:

9 yr. old (03), 10 yr. old (02), 11 yr. old (01), 12 yr. old (00), 13 yr. old (99), midget (98/97), youth (96/95), junior (94/93), Senior (92 & up), master (35yrs+ (age graded)).

AWARDS:

Medals will be awarded to 1-3rd place. Ribbons will be awarded to 4th - 8th place for individual events only. Ribbons will be awarded to all relay members from 1st - 3rd place. Awards must be picked up at meet. No mail-outs.

MARSHALLING:

Check-in for all field events is at the event site. Check-in for all track events is at the start line area. All athletes must check-in a minimum of 30 minutes prior to the scheduled start time.

COMPETITOR'S NUMBERS:

Competition numbers must be worn on the back for laned track events, on the front for non-laned track events, and front or back for field events (at the discretion of the official).

IMPLEMENTS:

All implements will be supplied by the meet organizers. Athletes may use their own implements and must meet IAAF standards. They must be weighed-in and measured at least 45mins. prior to competition. The weigh-in station will be located at the throws building on the lower field throwing area.

SPIKE LENGTH:

The maximum spike length allowed is 7mm for all events except high jump and javelin. Maximum 9mm for high jump and javelin.

ORDER OF EVENTS:

All track events will be run oldest to youngest, females then males (exception hurdles).

ATHLETES WITH CONFLICTING EVENTS:

Track events will go as scheduled. Athletes must notify the officials at all events which are in conflict. Athletes in field events will forego their attempt in a round if the round has been completed before they return.

TRACK EVENTS

Track events with 8 or fewer competitors (60m) or 6 or fewer competitors (>60m) will be run as a final at the scheduled heat time. Heats will be consolidated where possible. Events may be run up to 30 minutes earlier than the scheduled time.

QUALIFYING FOR FINALS

Field Events: Athletes 14 yrs. old and older who finish in the top 8 after three rounds will advance to the final and receive another 3 attempts. Athletes 9-13 years of age will all receive three attempts (except high jump) as per BC Athletics JD policy.

Track Events: The winner of each heat plus the next fastest times needed to fill eight lanes (60m) or 6 lanes (>60m) will proceed to the final. In the case of a tie for the sixth or eighth position in a final event, the highest-placed athlete in the slowest heat of the tied athletes will proceed to the final. Not all events will have heats and finals. See schedule.

COMPETITIVE ATTIRE:

All athletes are encouraged to wear their club uniform.

PROTESTS

Protests must be submitted in writing to the Chief of Officials and the Jury of Appeal within 30 minutes of the posting of the results of the event concerned. A \$25.00 protest fee is to accompany all protests. If the protest is upheld then the protest fee will be returned.

JURY OF APPEAL:

A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All decisions are final.

MEDICAL:

St. John's Ambulance.

CONCESSION:

There will be a concession available during the meet.

Meet Accommodations

Holiday Inn Express 1550 Versatile (250) 372-3474	Ramada Inn 555 West Columbia Street (250) 374-0358	Coast Hotel (formerly Best Western) 1250 Rogers Way 250-828-6660 1-800-665-6674
Alpine Motel 1393 Hugh Allen Dr. 250-374-0034 1-800-270-1260	Accent Inns 1325 W Columbia St. 250-374-8877 1-800-663-0298 KTFC Reservation # 6890	Hampton Inn 1245 Rogers Way 250-571-7897 1-866-571-7897
Comfort Inn 1810 Rogers Place 250-372-0987 1-800-556-3111		

The **Accent Inn** has reserved a block of room for Kamloops Track and Field for Feb. 17 and 18. KTFC reservation # 6890, cost \$79 plus tax for two beds. White spot Restaurant is located in the complex.

Driving Direction to the Tournament Capital Centre:

Arriving from the west (Highway #5): Exit to the right at exit 368 and turn left onto Hillside Way (this will take you across the highway). When you reach the end of Hillside Way turn right onto Hillside Drive and follow this road to the Tournament Capital Centre.

Arriving from the east (Highway #1): Exit to the right at exit 370 and turn right onto Summit Drive. Follow Summit Dr. and turn left onto McGill Rd. Follow McGill until you reach Hillside Drive. Turn right at Hillside Drive to the Tournament Capital Centre.

2012 Van Ryswyk Invitational
 Events *Tentatively* Offered - Males & Females

	9 (03)	10 (02)	11 (01)	12 (00)	13 (99)	Midget (98-97)	Youth (96- 95)	Junior (93- 94)	Senior (92&up)	Master (35+, age graded)
60m	X	X	X	X	X	X	X	X	X	X
200m			X	X	X	X	X	X	X	X
300m				X	X	X				
400m							X	X	X	X
600m	X	X	X							
800m				X	X	X	X	X	X	X
1200m				X	X	X				
1500m							X	X	X	X
2000m					X	X				
3000m							X	Women only		
5000m								Men only	X	X
1500mRW										X
60m Hurdles	X	X	X	X	X	X	X	X	X	X
Long Jump	X	X	X	X	X	X	X	X	X	X
Triple Jump					X	X	X	X	X	X
High Jump	X	X	X	X	X	X	X	X	X	X
Pole Vault					X	X	X	X	X	X
Shot Put	X	X	X	X	X	X	X	X	X	X
Weight Throw						X	X	X	X	X
4 x 100m	X	X	X	X	X	X	X	X	X	X
4 x 400m					X	X	X	X	X	X
Triathlon (Sat) LJ, 60m, HJ	X	X	X							
Triathlon (Sun) 60mH, SP, 200m	X	X	X							

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Club (or unattached individual): _____

Coach or Representative: _____

Ph: _____ Fax: _____

E-mail: _____

Total # of Individual Events (Hy-Tek): _____ x \$9.00 = \$ _____

Total # of faxed/emailed Individ. Events: _____ x \$11.00 = \$ _____

Total # of Triathlons : _____ x \$15.00 = \$ _____

Total # of Relays: _____ x \$10.00 = \$ _____

Late Entries (any format): _____ x \$15.00 = \$ _____

Total: \$ _____

Make cheques payable to “Kamloops Track and Field Club”

Payment sent with registration: Y or N

Will pay at package pick-up: Y or N

- Fax to: ; OR
- E-mail to: wbrianbeck@shaw.ca; OR
- Mail to: 2012 Van Ryswyk Invitational
C/O Brian Beck
842 McArthur Dr.
Kamloops, BC
V2B 7L5

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